

# www.ankle-arthroscopy.co.uk

## Ankle Arthroscopy

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### Ankle Arthroscopy Website

Simon Moyes specialises in keyhole – or arthroscopic – surgery. This site is dedicated to conditions of the ankle joint that are treated by Simon. Patients can find all the information they need about some of the more common ankle problems, while surgeons and medical professionals can find an up-to-date medical resource for those involved in or studying ankle arthroscopy.

#### Quick Search

Go straight to the specific page you are looking for by using the drop down below:

#### Patients' Site

An outline of common ankle problems, with information about how the injury / ailment feels, what surgery is likely and the projected recovery time.

[Click here for the Patients' Site](#)

#### Surgeons' Site

An in-depth resource about all aspects of ankle arthroscopy for medical professionals. Contains highly-referenced documentation of the procedure, citing examples from the early history to current findings.

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A photograph of a person's foot and ankle, held by a hand. A white medical bandage is wrapped around the ankle. The background is a blurred clinical setting. The text is overlaid on a semi-transparent grey rectangle.

# Achilles Tendonitis

Presented by Mr. Simon Moyes



# Progression of Tendo-Achilles Tendonitis

Normal



Mild

Increased signal in  
Paratenon and tendon



Severe

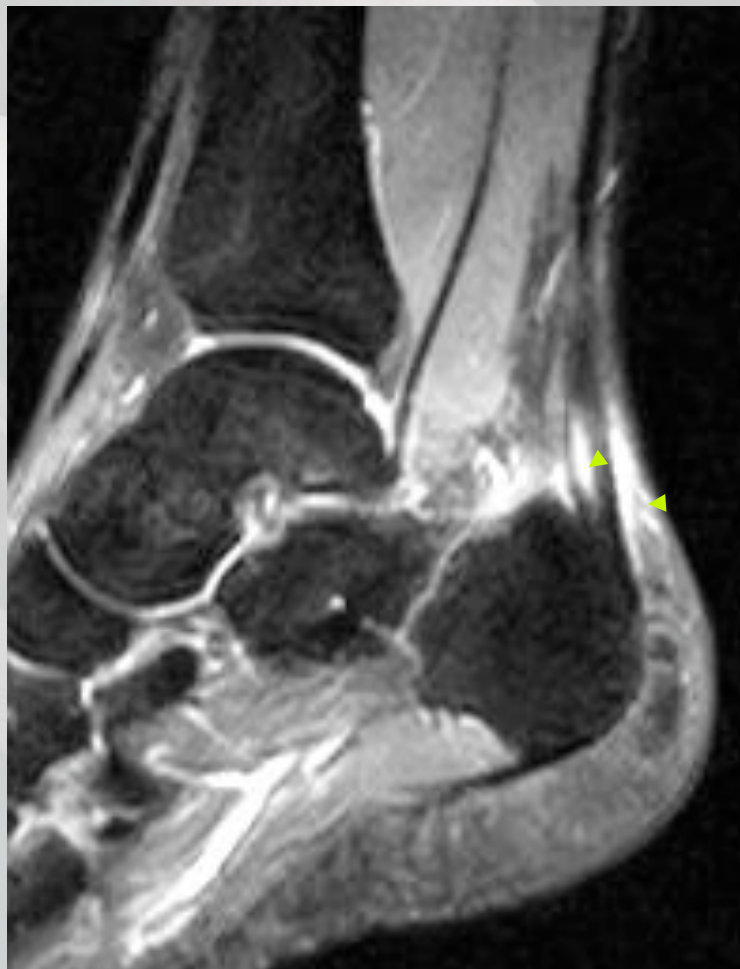
Fusiform thickening of TA  
with focal very high signal  
area indicating mucoid  
degeneration



# Pathophysiology

- Symptoms
- Signs

# Interstitial Tear of Tendo-Achilles



Tear

Oedema

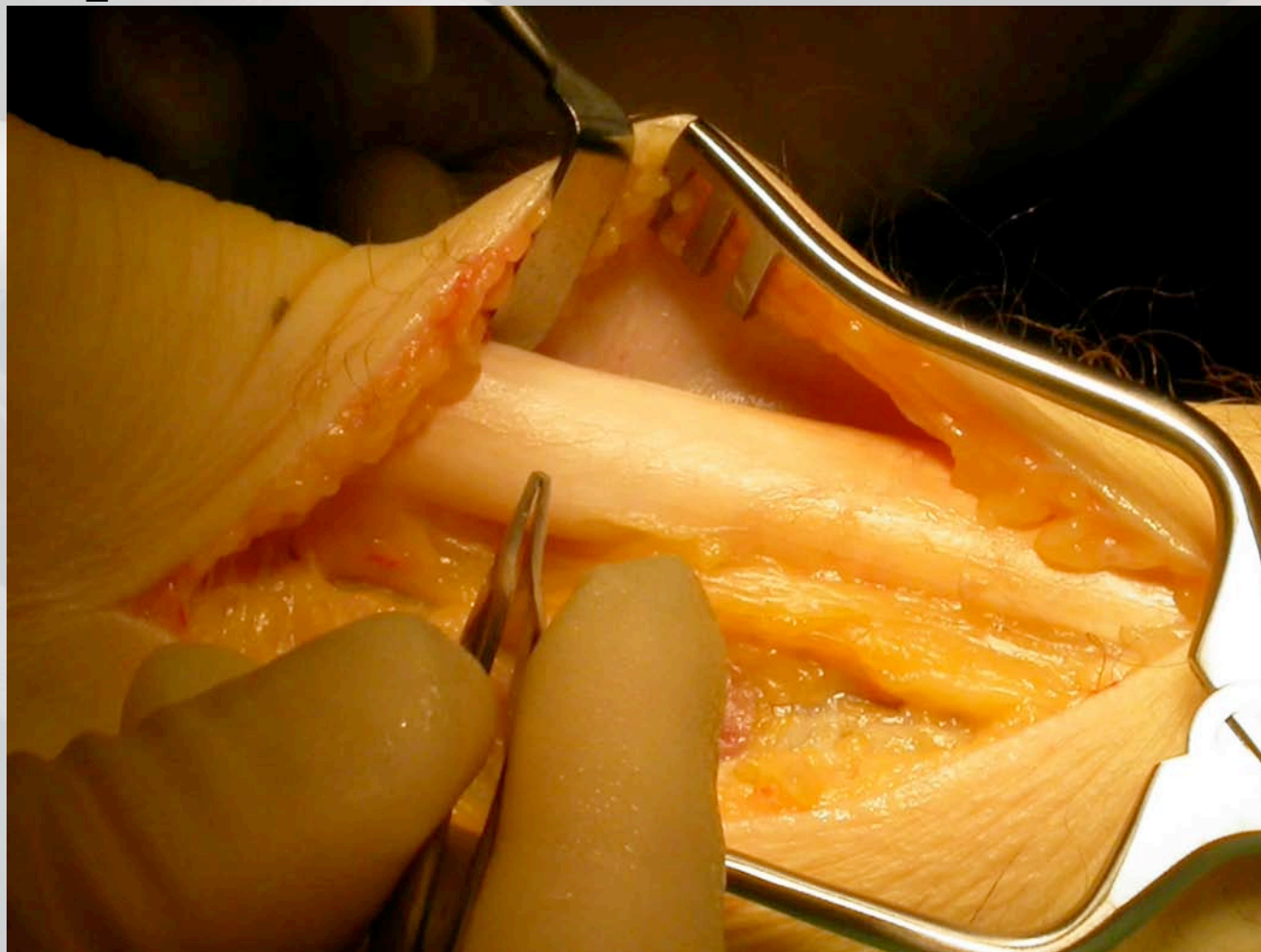




# Treatment

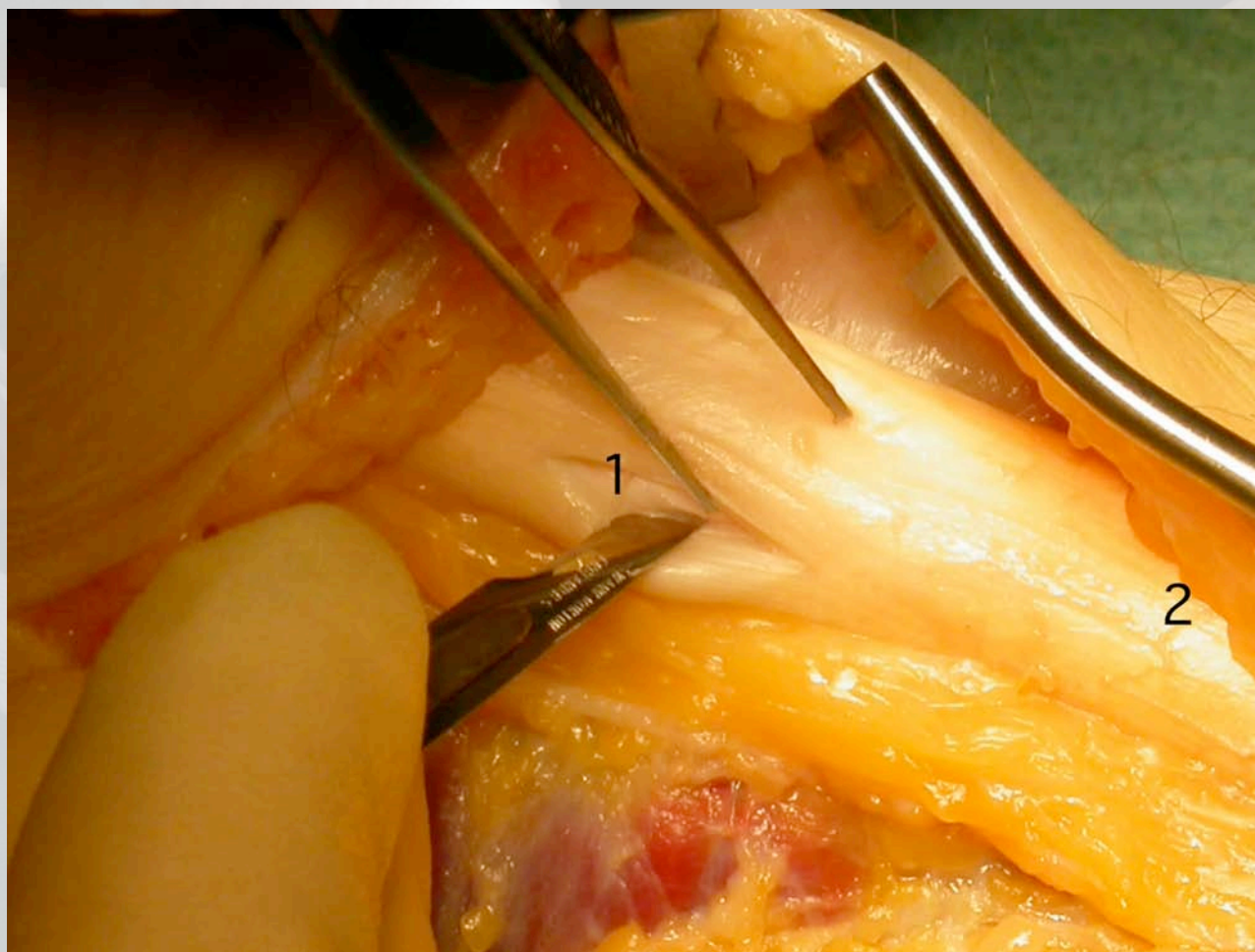
- Conservative
- Operative
  - ◉ Open
  - ◉ Arthroscopic

# Open Debridement





# Open Debridement





# Achilles Tendon Rupture

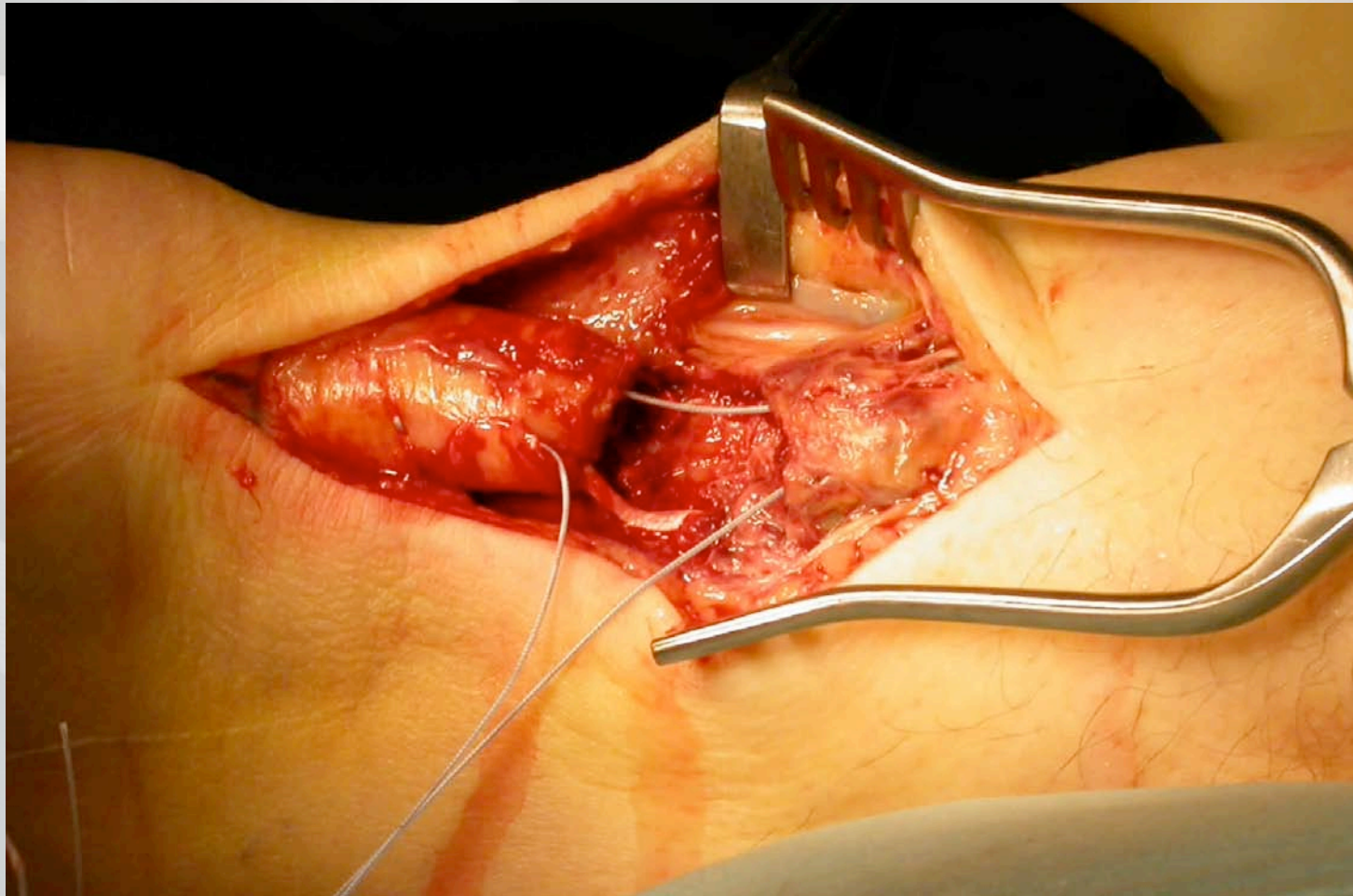
- Symptoms
- Signs

# Treatment

- Conservative
- Operative



# Open Repair





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